HAC YOUTH ENRICHMENT & SPORTS (YES) PROGRAM

Stage Stars Tumbling Schedule

SEPTEMBER 3, 2019 – MAY 17, 2020

AGES 3-6 YEARS *(Must be potty trained)*						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	2:00 - 2:30 pm **Tumbling 101** (Ages 3-4)	5:30 - 6:00 pm **Tumbling 101** (Ages 3-4)	1:00 - 1:30 pm **Tumbling 101** (Ages 3-4)	5:30 - 6:00 pm **Tumbling 101** (Ages 3-4)		8:30 - 9:00 am **Tumbling 101** (Ages 3-4)
	4:15 - 4:45 pm **Tumbling 101** (Ages 3-4)		4:30 - 5:00 pm **Tumbling 101** (Ages 3-4)	6:00 - 6:45 pm **Tumbling 102** (Ages 5-6)		9:00 - 9:45 am **Tumbling 102** (Ages 5-6)
	4:45 - 5:30 pm **Tumbling 102** (Ages 5-6)		5:00 - 5:45 pm **Tumbling 102** (Ages 5-6)			11:15 - 12:00 pm **Tumbling 102** (Ages 5-6)

AGES 7-13 YEARS						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5:35 - 6:25 pm **Level 1** (Ages 7-10)	4:45 - 5:30 pm **Level 1** (Ages 10-13)	5:45 - 6:30 pm **Level 1** (Ages 7-10)	4:45 - 5:25 pm **Boys Level 1/ Intermediate** (Ages 6-13)	4:45 - 5:45 pm **Advanced** Invitation Only	9:45 - 10:30 am **Level 1/ Intermediate** (Ages 7-10)
	6:30 - 7:25 pm **Intermediate** (Ages 7-10)	6:00 - 6:55 pm **Intermediate** (Ages 7-10)	6:30 - 7:25 pm **Intermediate** (Ages 7-10)	6:45 - 7:30 pm **Intermediate** (Ages 10-13)		10:30 - 11:15 am **Intermediate** (Ages 10-13)
	7:30 - 8:30 pm **Advanced** Invitation Only	7:00 - 7:55 pm **Intermediate** (Ages 10-13)		7:30 - 8:30 pm **Advanced** Invitation Only		12:00 - 1:00 pm **Acro Clinic** Monthly

UPDATED: 5/28/2019

Girls must wear a leotard or biketard, no socks. Boys must wear shorts or sweatpants and a t-shirt, no socks.
No classes November 25th- December 1st, December 16th - January 1st, and April 6th - 12th.

Tumbling 101: Ages 3-4 with no experience necessary
Tumbling 102: Ages 5-6 with little or no experience
Level 1: Ages 7+ with no experience necessary
Intermediate: Ages 7+ has a solid handstand, cartwheel, roundoff and backbend, assisted front and back walkover
Advanced: Ages 7+ must have a roundoff backhandspring without a spot

Effective 9/3/2019. Schedule is subject to change.

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